

CLEARWATER INVITATIONAL TRACK MEET

FRIDAY, APRIL 23, 2021

Coaches Meeting3:00 pm

Field Events.....3:30 pm

Running Events.....4:45 pm

MEET INFORMATION

SCHOOLS: Andale, Augusta, Belle Plaine, Chaparral, Circle, Clearwater, Garden Plain, Mulvane, Rose Hill, Wellington, Winfield, Wichita Classical, Wichita Defenders

ENTRIES: Three (3) per school for each event for all individual events. Each school may enter one (1) relay team per event.

PRELIMS: To make things move smoothly and provide recovery time, we will use the following order of events in the prelims:

Girls 100m dash preliminaries
Boys 100m dash preliminaries
Girls 4 x 800m relay Finals
Boys 4 x 800m relay Finals
Girls 200m dash preliminaries
Boys 200m dash preliminaries
Boys 110m high hurdle preliminaries
Girls 100m high hurdle preliminaries

Finals will begin 30 minutes after the last preliminary race.

TRACK: Use ¼” or less spikes.

FIELD EVENTS:

- A. High Jump, Long Jump, Triple Jump, and Pole Vault – All of these runways are rubber surfaces. Spikes of ¼” allowed. Opening heights for the pole vault and high jump will be determined based on entries.
- B. Shot Put and Discus: Rings are concrete.
- C. Javelin: Approach is grass.
- D. Each contestant in the throwing events (Javelin, Shot Put, and Discus) will receive four (4) throws
- E. Each contestant in the jumping events (Long Jump and Triple Jump) will receive four (4) jumps.

AWARDS: Medals will be given to the top 6 finishers in each event. Team plaques will be given to the top 2 teams in the boys and girls divisions.

SCORING: Per NFHS guidelines

STARTING BLOCKS: Clearwater will provide.

POLE VAULT: Because our pole Vault area sits behind our home bleachers and we are concerned about the length of time for that event (no lights there), we will start with the girls vault at 5'6". Once the height of the bar reaches 8'6", we will jointly run girls and boys from that point. This gives the upper girls a chance to recover between jumps, while starting the boys event. It has been our experience that once the running preliminary running events start, the pole vault can take a great deal of time while waiting on runners to return to vault. We are hoping this format keeps things moving while giving athletes the recovery time needed.

ENTRIES: We will use a FAT timing system for this meet. Jeff Oncken will handle any questions about entries. Please contact Jeff by email at jeffrey.oncken@flosports.tv. If you have any additional questions you can contact Kellen Adams by email at kjadams@midwesttiming.com or by cell phone at 785-650-8282.

Entries will be made into KS MileSplit. Click on the following link to add entries: <https://ks.milesplit.com/meets/413399-clearwater-invitational-2021/info#.YHXypxRKjs0>

The original cut-off time for entries is 6:00 pm on Thursday, April 23.
Additions/changes/deletions can take place at the coaches meeting.

COACHES MEETING: There will be a short coaches meeting at 3:00 pm in the maintenance building (NE of track-Grey Door).

ENTRY FEE: \$150 per school (\$75 for girls team & \$75 for boys team)
\$8 per athlete if you have fewer than nine competitors (per gender)

BUS PARKING: **Please have your buses park in the lot east of the Intermediate Center. This parking lot will provide ample space. The middle school parking lot will not be open for parking buses. You may also unload at the middle school and park in our baseball field parking.**

FOOTBALL FIELD AREA: No team tents, field implements, coolers, or glass containers will be allowed inside the track on the football turf. We would like to use the home bleachers for spectators, so if possible, we'd like teams to set up camps in the visitor bleachers or around the outside of the track area.

If you have any questions, please contact me at Clearwater High School.
Phone: (620) 584-2361 FAX: (620) 584-2083
Heath Elliott, AD --- Clearwater High School